

# Square Dance Lessons

with

## The Cross Trailers Square and Round Dance Club Of Cary, North Carolina



Come to our  
**OPEN HOUSE**  
January 19 and/or 26  
7:30-9:00 pm  
**CLASSES START**  
February 2  
\$90 per couple  
for 12-weeks of Instruction



No experience needed --- No rhythm or coordination needed --- Casual attire

Did you know that Square Dancing has many health benefits?

For example: strengthen weight-bearing bones, stress relief,  
stimulates the mind, and socialization just to name a few.

Come make new friends, share some laughs, and enhance your life!



**Classes held at:**  
Cary First United Methodist Church  
117 S. Academy Street  
Cary, NC 27511

**Check us out on the web:**  
<https://carycrosstrailersnc.org/>  
<https://www.facebook.com/CaryCrossTrailers/>  
For more details, please contact:  
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(or) [jdeffries64@gmail.com](mailto:jdeffries64@gmail.com)