## **Square Dance Lessons**

with

## The Cross Trailers Square and Round Dance Club of Cary, North Carolina



Classes start February 1, 2018 6:30-8:15pm

\$90 per couple 12 week session



No experience needed --- All calls will be taught --- Casual attire

There are reports that square dancing has many health benefits: strengthen weight-bearing bones, stress relief, stimulate the mind, socialization, to name a few.

Come make new friends, share some laughs, and enhance your life!



Cary First United Methodist Church Fellowship Hall 117 S. Academy St Cary, NC 27511 Contact Rob Lundin 919-380-0627 cr\_lundin@nc.rr.com or Larry Apel 919-233-7351 lpdca@mindspring.com